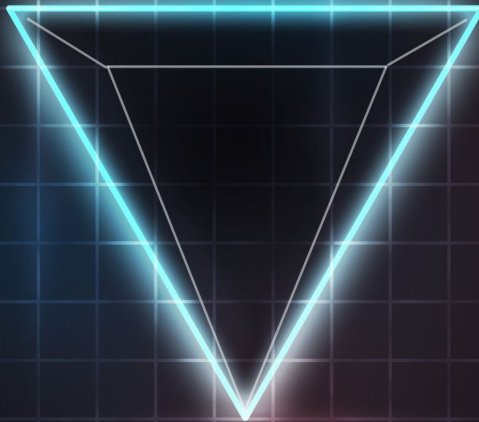


# THE POWER OF PYRAMIDS

DECODING THE TRIANGLE



MEGAN BELL MUSHARBASH

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Table of Contents

<i>Introduction.....</i>	<i>7</i>
<i>Chapter 1: History of The Pyramids .....</i>	<i>10</i>
Egyptian Pyramids .....	10
Mayan Pyramids .....	14
Pyramids in Other Civilizations.....	16
The Conclusion of The Pyramidal Period .....	19
Pyramids Today .....	20
<i>Chapter 2: Who Built The Pyramids? .....</i>	<i>21</i>
<i>Chapter 3: Modern Symbology of the Pyramids</i> <i>.....</i>	<i>29</i>
Ancient Egypt's Social Pyramid .....	30
Spirituality .....	33
Astronomical Study Behind Pyramids: Are They Aligned With The Stars? .....	36
The Impact of Ancient Egypt and Pyramids on Popular Culture .	38
Ancient Egypt Influence in Film .....	39
Ancient Egypt Influence in Video Games .....	42
Ancient Egypt's Influence on Pop Music.....	43
Ancient Egypt's Influence in Fashion .....	44
<i>Chapter 4: The Science Behind Its Structure..</i>	<i>45</i>
Pyramid Shape and The Medical Field .....	54
Pyramid Technology and Water Purification .....	60
Pyramid Solar Still.....	61
<i>Chapter 5: Why Do Some People Wear The Pyramid Symbol On Their Heads? .....</i>	<i>63</i>
The Effects a Pyramid Has on the Human Body When Worn and Used .....	65

The Advantages of Pyramid Meditation.....	67
Benefits Pyramids Are Said to Have for the Human Body .....	68
<i>Chapter 6: Practical Applications of the Pyramids .....</i>	<i>71</i>
Applying Pyramid Headgear In Your Daily Life.....	72
Applying Pyramid Meditation In Your Daily Life .....	76
Applying Pyramid Food Preservation In Your Daily Life .....	80
<i>Conclusion .....</i>	<i>83</i>
Medical Science .....	84
Mathematics .....	85
Written Language .....	86
Art and Architecture.....	87
Makeup and Wigs .....	88
The Calendar.....	89
Reminder of The Benefits of Pyramids .....	90
<i>References .....</i>	<i>96</i>

## Introduction

The Egyptian Pyramids are one of the most well-known and talked-about landmarks on the whole globe. They will always be the subject of debate and interest because of their distinctive architectural design, the individuals who created them, and the general history of the people. Romans and Greeks wrote about them in great reverence and wonder, long after they had been built, just as we do now. It should be mentioned that the Giza Pyramids were one of the Seven Wonders of the Ancient World listed by the Greeks. People who otherwise would not have been able to view them were now able to appreciate the architectural structure and majesty to some extent.

The Greco-Roman fascination in the pyramids transcended over to medieval and early modern Europe, when early attempts were made to solve its complexities. Europeans who were influenced by the Bible, thought that Joseph's fabled food resources were located in the pyramids. The Egyptian pyramids were thought to be storage facilities for ancient profound knowledge, according to Arab and Persian authors. These early authors were right to believe that the pyramids were significant constructions, even though they were wrong about how they functioned.

It should be emphasized that the discovery that the pyramids were actually royal tombs for the Egyptian Kings occurred in the nineteenth century, at a period when the field of Egyptology was just beginning to take off. This finding was intriguing and incredibly important in and of itself, but its significance grew as academics learned more about ancient Egyptian religion and discovered that Egyptian monarchs were also regarded as gods and that each had their own special abilities. The pyramids in question were more than

just tombs. They were a fundamental feature of the often-sizable temple complexes that were an essential aspect of Old Kingdom Egypt's religious life. The Old Kingdom saw a significant advancement in pyramid building as well, showing that the Egyptians were among the first peoples to solve challenging architectural issues.

There is no known blueprint or instruction book that explains how precisely the pyramids were constructed or what their distinctive shape signifies or implies. There are certain inferences that may be made regarding the symbolism of the pyramids, even if this can be a level of difficulty for some current scholars. Any debate or analysis of what the pyramids were intended to represent must start with the notion of divine kingship in ancient Egypt and how it linked to Egyptian religion. The sun god was regarded as one of the most significant gods in the Egyptian pantheon. Egyptologists have long claimed that pyramids are solar emblems because, after death, the pharaoh was connected to the sun god. One of the most popular solar interpretations holds that pyramids stand in for the sun's beams penetrating the mummy of the deceased monarch. The fact that the very tops of pyramids, sometimes called pyramidions, were frequently gilded and had a glittering aspect is also important. Others think that pyramids, particularly step pyramids, depict the ascension stages the departed monarch will take on his trip through the afterlife.

As I go into the rich history of pyramids and what they actually stand for, I will highlight a number of topics that I believe will both inform and interest you. Although the book begins with an examination of Egyptian pyramids because that is where it all began, I will also examine pyramids from Mayan culture and other civilizations and go further into the



science behind their construction and other features of pyramids.

## Chapter 1: History of The Pyramids

### *Egyptian Pyramids*

The pyramids, particularly the Magnificent Pyramids of Giza, were built when Egypt was one of the most prosperous and powerful civilizations in the world. They rank among the most magnificent man-made buildings in history. Their enormous size mirrored the distinctive function that the pharaoh, or monarch, served in ancient Egyptian culture. Throughout time, many have assumed that slaves or foreigners who were compelled into labor built the pyramids. Skeletons discovered in the vicinity of the pyramids, however, indicate that the workers were likely local Egyptian farmers who worked on the structures at a time of the year when the Nile River inundated most of the surrounding land. For the construction of Khufu's Great Pyramid, around 2.3 million stone blocks weighing an average of roughly 2.5 tons each had to be trimmed, moved, and put together. Herodotus, an ancient Greek historian, said that it took 20 years to construct and involved the labor of 100,000 men, although subsequent archaeological research indicated that the real number of workers may have been closer to 20,000. Although pyramids were built from the beginnings of the Old Kingdom to the end of the Ptolemaic period in the fourth century A.D., the height of pyramid construction began with the late third dynasty and lasted until about the sixth century A.D. (ca. 2325 BCE). The Egyptian pyramids, which have been there for more than 4,000 years, nevertheless retain much of their grandeur and offer a window into the nation's illustrious history.

I must first discuss the Pharaoh in Egyptian civilization before going into further detail about the Pyramids, what they represented, and other historical issues. The third and

fourth dynasties of the Old Kingdom saw Egypt experience incredible economic advancement and stability. In Egyptian culture, kings had a unique and fundamental place. They were firmly believed by the Egyptians during that time to have been selected by the gods themselves to act as intermediaries on earth, standing right in the center of humans and heavenly creatures. Due to this belief, they were revered and feared. It was also in everyone's best interest to preserve the king's splendor even after his death, when it was thought by the Egyptian people during this time that he would turn into the god of the dead, Osiris. Based on their belief, the new pharaoh, in turn, became the falcon-god, Horus who protected the sun deity, Ra.

Fun fact: The smooth, angled sides of the pyramid represented the sun's beams and were intended to aid the king's soul in ascending to heaven and uniting with the gods, notably the solar deity Ra.

The king's spirit "ka" was thought to remain with the body after death, according to strong beliefs held by the Ancient Egyptians. This was the justification for mummifying the bodies since it was thought to appropriately care for the deceased's spirit. The king was only laid to rest with all they believed he would require in the afterlife; as such, they buried him with wealth, household items, vessels, and numerous gifts. Nearly an obsession and possibly a cult developed around the pyramids. It was believed that the deceased king would continue to live his finest life after passing away. Their wealth not only supported them, but also the relatives, officials, and priests who were buried next to him.

From the start of the Dynastic Era (2950 BCE), royal tombs were cut out of rock and covered with "mastabas," flat-roofed rectangular constructions that predated the pyramids.

The Step Pyramid, commonly referred to be the Oldest Known Pyramid in Egypt, was constructed for King Djoser of the Third Dynasty at Saqqara in 2630 BCE. Although it started out as a typical mastaba, it evolved into something far more innovative. Imhotep, a priest, and healer who designed the pyramid, was named the patron saint of scribes and physicians 1400 years after his death. The pyramid was built throughout the span of Djoser's reign, which was close to 20 years, and consisted of six stepped tiers of stone—in contrast to mud-brick, like most earlier tombs—rising to a height of 204 feet (62 meters), making it the largest structure at the time. A series of courtyards, temples, and altars were built around the Step Pyramid so that Djoser may enjoy his eternity. Following Djoser, the stepped pyramid came to be the standard for royal tombs because of its incredible grandeur and perception of fittingness for such an event. It should be emphasized that none of those planned by dynastic successors were carried out. This was mostly owing to their brief reigns. The Red Pyramid at Dahshur, one of three tombs erected for Sneferu, the first king of the fourth dynasty, was the first edifice to be built as a “true” pyramid, one with smooth sides as opposed to stepped ones, (2613-2589 BCE). The limestone stones that were utilized to build the pyramid's core gave rise to its name.

The Prodigious Pyramids of Giza are the most well-known and acclaimed pyramids, and they are situated on a plateau on the west bank of the Nile River, on the outskirts of contemporary Cairo. The Great Pyramid, the oldest and tallest of the three pyramids at

Giza, is the only one of the renowned Seven Wonders of the Ancient World still standing. It was built for Pharaoh Khufu, who succeeded Sneferu and was the second of the fourth dynasty's eight kings. Khufu ruled for 23 years (2589–2566

BCE), but outside the splendor of his pyramid, nothing is known of his time in power. With an initial height of 481.4 feet (147 meters) and average side lengths of 755.75 feet (230 meters), the pyramid is the biggest in the world. The Great Pyramid is flanked by three smaller pyramids erected for Khufu's queens, and a neighboring tomb was discovered to hold his mother's empty sarcophagus, Queen Hetepheres. Rows of mastabas encircle Khufu's pyramid, much like they do other pyramids, where the king's family or officials were buried to support and assist him in the afterlife.

Khufu's son Pharaoh Khafre had the middle pyramid at Giza constructed for him (2558-2532 BCE). The tomb of Pharaoh Khafre is located inside the second-tallest pyramid at Giza, the Pyramid of Khafre. The Great Sphinx, a guardian monument carved in limestone with a human head and a lion's body, was a distinctive element constructed inside Khafre's pyramid complex. At 240 feet long and 66 feet tall, it was the most enormous statue ever created in antiquity. The Great Sphinx became a source of devotion during the 18th dynasty (about 1500 BCE) when it served as the representation of the regional manifestation of the deity Horus. Built for Menkaure, Khafre's son, the southernmost pyramid at Giza (2532-2503 BCE). It is the smallest of the three pyramids (218 feet tall), and it serves as a prototype for the shorter pyramids that the fifth and sixth dynasties would later build.

## *Mayan Pyramids*

Pyramids were a feature of Mayan architecture. All Mayan cities in Mesoamerica, from El Tajin in the north to Copan in the south, were home to these elaborate palaces and lofty pyramid temples. Since the Mayan civilization was composed of separate city-states, there are regional variances in the architecture, but a general style predominates and practically all buildings were built with careful attention to placement and arrangement. The 65-meter-tall Temple IV Tikal, which rises above the surrounding jungle and dates to the eighth century CE, is the most well-known Mayan pyramid from prehistoric America. In addition to serving as enormous graves for kings and their consorts who had passed away, Mayan pyramids served as a central focus for religious rituals in which sacrifices were offered to the gods. The pyramids were also employed as storage facilities for priceless objects and sacrificial victims. The innards of these pyramids were occasionally excavated to show a sequence of full but shrinking pyramids, frequently still sporting their original-colored stucco décor. These pyramids were also periodically extended. In addition, since Mayan kings sought to impress their followers and make a lasting impression on the world, multiple shrines may eventually be combined into a single enormous complex. At the North Acropolis of Tikal, one may observe an excellent illustration of this progression.

A prime example of a Maya temple construction is the Temple of the Inscriptions at Palenque, which was constructed around 700 CE. To reach the summit platform, which is topped by a single building with several compartments, one must ascend a single steep stairway up several floors. The nine outer levels of the pyramid correspond to the nine levels of Xibalba, the Maya underworld, while the 13 levels of the hidden staircase

leading to King Pakal's tomb inside the pyramid reflect the 13 levels of the Maya heavens. The Pyramid of the Magician at Uxmal, which dates from after 600 CE, deviates from this conventional method by having rounded edges, which give the pyramid an almost oval appearance when viewed from above. A chamfer, which is a deep groove that runs horizontally around each platform, and rounded inset corners are two other typical Mayan characteristics of pyramids. A mountain, a natural component of the region that the Mayan people revered, is what these enormous structures appear to be in their entirety.

## *Pyramids in Other Civilizations*

Many people are unaware that there exist pyramids outside of Egypt, even though they were important to the civilizations in those other countries.

1. Chavin de Huantar, Peru: Chavin Temple Complex—The pre-Columbian Chavin people, who lived in the highlands of what is now referred to as Peru, built this enormous edifice over several centuries. In the highlands between 900 and 200 BCE, the Chavin people lived. Both the "old temple" and the "new temple" on these tombstones are constructed from rectangular bricks and have flat tops. It has intricate carvings, tunnels, and water channels that may have been utilized for religious rites. Although now mostly in ruins, the complex's enormity amazed a Spanish traveler in the 16th century to the point where he thought it had been constructed by a race of prehistoric giants.
2. Teotihuacan, Mexico: The Pyramid of the Sun—The inhabitants of Teotihuacan in central Mexico in the first several centuries A.D. are mostly unknown, although it is clear that they possessed extraordinary building talent. This metropolis was carefully planned and implemented. The Pyramid of the Sun is the most spectacular pyramid in this metropolis, which was more than seven square miles in size. Its five-stepped strata formerly climbed to a height of more than 200 feet, and the sides of its square base are nearly 730 feet broad. It is located alongside the Avenue of the Dead, the city's main thoroughfare that leads south from the Pyramid of the Moon to a sizable temple complex.
3. Puebla, Mexico: Great Pyramid of Cholula—The pyramidal structure in the contemporary Mexican



state of Puebla may appear to be a lush hill, but it is one of the largest ancient monuments in the world, encompassing about 45 acres and standing 177 feet tall. Tlachihualtepetl is its official name, although most people just refer to it as the Great Pyramid of Cholula. It was built by pre-Columbian people in phases, and the Aztecs previously worshiped their god Quetzalcoatl there. A Catholic church was built on top of the grassy pyramid when Spanish colonists conquered the city in the 16th century.

4. Meroe, Sudan: The Nubian Pyramids—In the area of central Sudan that was formerly known as Nubia, there are hundreds of pyramidal tombs constructed primarily of reddish sandstone. Meroe, a significant city in the Kushite dynasty from around 300 BCE to 300 A.D., is home to over 40 of them. The Nubian pyramids are both smaller and more slenderly formed than the Egyptian pyramids. They are still a spectacular sight even though they have throughout the years been subjected to theft and deterioration (one Italian adventurer supposedly broke off the tops of several of them in search of wealth).
5. Ur, Iraq: Ziggurat of Ur—Tiered temples like this one in Mesopotamia are referred known as ziggurats (from a Babylonian term for “tall or lofty”); but, the structure of increasingly receding tiers may equally be called a step pyramid. Three stories of terraced brick were originally present in this ziggurat, which was constructed for the Sumerian monarch Ur-Nammu in the middle of the 21st century BCE. It was formerly capped with a temple to a moon deity. It deteriorated through time, was repaired by Nebuchadnezzar II of Babylon in the sixth century BCE, and was then

rebuilt once again by historians in the twentieth century. The Tallil Airbase is presently close by.

6. Rome, Italy: Pyramid of Cestius—According to an inscription cut into the sides of this high, pointed pyramid, it was constructed about 12 BCE as a burial for the Roman magistrate Gaius Cestius Epulo. The pyramid took 330 days to build, according to the inscription, which also lists Cestius' successors. It is composed of concrete that is coated in white marble and the inside walls are decorated with artwork

## *The Conclusion of The Pyramidal Period*

Throughout the fifth and sixth dynasties, pyramid building continued. However, throughout this time, both the kings' own riches and authority as well as the intricacy, quality, and size of how they were built declined. Pyramid builders started writing written descriptions of various deals in the king's reign on the walls of the tomb and the remainder of the pyramid's interior during the reign of King Unas (2375-2345 BCE), in the era of the Old Kingdom pyramids. These are the oldest important religious works from ancient Egypt that have been discovered, and they are referred to as pyramid texts.

Pepy II (2278–2184 BCE), was the second king of the sixth dynasty. He rose to power as a young child and ruled for 94 years. By the time of his reign, the Old Kingdom's economy had begun to decline, and the pharaoh had partially lost his quasi-divine position as non-royal administrative officers had gained influence. The pyramid of Pepy II was significantly smaller (172 feet) than other Old Kingdom structures. It was constructed near Saqqara and finished about 30 years into his reign. Egypt entered the First Intermediate Period, a period of unrest, with Pepy's death effectively bringing an end to the monarchy and the robust central administration. However, it was never the same size as the Great Pyramids. Later monarchs of the 12th dynasty would return to pyramid construction during the infamous Middle Kingdom era.

## *Pyramids Today*

Greed has always been a component of human civilization from the dawn of time. Betrayal, enmity, and the continual need for more without working hard for it have been one of the contributing factors that cause the demise of many people in various cultures. In both ancient and contemporary times, tomb raiders and other miscreants have pillaged the exteriors of pyramids in addition to removing the bodies and treasures that had been placed within. The Great Pyramids no longer reach their original heights since much of their smooth white limestone covers have been removed; Khufu's, for instance, stands just 451 feet tall.

In spite of everything, millions of tourists organize trips to visit the pyramids every year because they remain a wonderful wonder. They are enthralled by the people, the literature, and the movies that portray this great era. These striking, opulent buildings will always have great allure for people. These buildings are captivating and will always be a never-ending attraction of Egypt's illustrious history

I must pause for a minute to reflect on the fact that these majestic pyramids were built over a protracted period of time without the use of certain machines that are present now. It is also admirable to have this vision and to have the foresight to build these structures. It is also important to analyze and reflect on the commitment and genuine purpose behind them, as well as the fact that many years later they continue to have a significant impact on contemporary architecture and are still the subject of research and reading. Numerous academics are always studying them due to the secrets they conceal, which have led to several revelations.

## Chapter 2: Who Built The Pyramids?

Many people have always been fascinated by the idea of extraterrestrial life; they will spend hours investigating, formulating their own hypotheses, and coming up with different ways to try to corroborate them. Humanity has historically had a strong interest in the unknown. Many individuals will always think that there is something other than merely humans in the world. Given how massive the building stones were and how frequently they had to be transported across great distances, it baffles some people that people were able to construct pyramids.

For the Great Pyramid, for example, King Khufu's quarrymen manually molded well over six hectares of granite to level the plateau and provide a basic foundation, with unparalleled levels of precision with respect to both the Earth and the skies. The block-hauling ramps alone are estimated to have held up to 400,000 cubic meters of sand and rock, yet they may have only extended a fifth of the way up the structure. A copper chisel the width of a forefinger was used by the masons to perfectly dress 67,127 square meters of the pyramid's outside surface. That was just the outer layer. With this embedded in their minds, some have concluded that aliens are responsible for the construction of these spectacular structures.

There is a theory about aliens creating pyramids that is independent of people's thinking and their diverse conclusions. But where did the idea that extraterrestrials constructed the pyramids originate? Since the latter part of the 19th century, authors of science fiction have envisioned Martians and other extraterrestrial lifeforms doing impressive feats of engineering on Earth. The origin of thoughts about extraterrestrial architecture may lie in earlier

alien speculations concerning Atlantis. The 1968 release of *Chariots of the Gods?* By Swiss author Erich von Däniken is credited with popularizing the idea that alien builders have a scientific foundation rather than being the product of purely imaginative speculation. *Past Mysteries Still Unsolved* was one of the earliest widely read books to propose that structures related to our ancient civilizations were really constructed by alien life forms rather than humans. It was initially published in German and afterwards translated into English. Von Däniken developed this thesis on a number of levels.

Pseudo-archaeology is a vast category of themes and methodologies that are mostly unrelated and which misappropriate, distort, and portray archaeological evidence in a non-scientific and frequently fanciful manner. Such subjects include the hunt for extinct continents like “Atlantis,” the notion that space travelers from other planets have previously visited Earth, and the presence of links between locations that are shown as force fields or “ley lines.” By dismissing the accomplishments of non-European cultures in Africa, South America, and North America as well as Native peoples, these alien theories—far from being offensive—undermine the agency, archaeology, and intelligence of these non-European societies.

Although pseudo-archaeology takes many different forms, it always rests on the same basic premise: that since ancient people lacked the skills, knowledge, and/or capabilities to carry out all that is said to have been achieved, someone or something else was involved. Advocates of ancient aliens will claim that structures like the great pyramids of Egypt or the Nazca lines in Peru were actually built by extraterrestrials. They will also claim that people from Atlantis or another “super advanced culture” who lived more than 13,000 years ago were responsible for these structures. Many times,

archaeologists are charged with plotting to conceal the “truth” of these histories. Hyperdiffusionism is the source of their main arguments. A pseudo-archaeological theory called hyperdiffusionism contends that some historical innovations or concepts were first developed by a specific group of people or civilization before spreading to other societies. As a result, all major civilizations that have comparable cultural practices, like building pyramids, have a single common ancestor.

In certain circumstances, these pseudo-archaeological arguments may seem absurd or even funny. However, when examined closely, they reveal a strong bias towards Black people, Indigenous peoples, and other people of color (BIPOC), whose histories and diverse accomplishments are frequently questioned. It is interesting to note that many theories on alien life, though not all, focus a lot of stress on structures found in North American, South American, African, and ancient Egyptian archaeological sites. In light of this, some academics think that the notion of ancient extraterrestrial engineers is a racist smokescreen.

“Despite all this evidence, some people still refuse to believe that anyone from Africa (or anywhere in what is today considered the developing world) could possibly have created and constructed the Giza pyramids or other ancient masterpieces. Instead, they credit ancient astronauts, extraterrestrials or time travelers as the real builders” (Benoit, 2017).

The downsides of these hypotheses are discussed in a journal article by Julien Benoit, a postdoctoral researcher in vertebrate paleontology at the University of the Witwatersrand (South Africa), titled “Racism is behind outlandish theories about Africa’s ancient architecture.” He

investigates the widespread practice of traveling and destroying artifacts in an effort to support their views. The prejudiced stereotype that only white Europeans have ever been and will ever be capable of such architectural accomplishments is perpetuated and given credence by many pseudo-archaeologists. The ability to act on a belief is real. In an attempt to support their absurd claims about extraterrestrial life, German pseudoscientists and “enthusiasts” vandalized a cartouche of Khufu within the Great Pyramid in 2014. Pseudo-archaeologists frequently mention the Pyramids of Giza, the Great Zimbabwe site, and the Moai heads on the tiny Easter Island off the coast of Chile as examples of monuments created by alien beings. We need to consider what is at risk in these situations. While it is unlikely that the British would ever have their general intelligence or aptitude as a civilization contested, numerous non-European cultures have traditionally been more open to such criticism.

What does it mean to downplay the achievements of a non-Western civilization? It puts them in a position where they appear inadequate and lack the mentality to do great and fantastic things. It detracts from their past and takes away a little of their identity, almost as if they must struggle to uphold the achievements of those who came before them. Is that fair? Every group of people learned about the history and the deeds and accomplishments of their ancestors as children, and young adults. The information gathered enables individuals who hear it to comprehend more about themselves and their origins.

“Western denialists would rather attribute the Great Zimbabwe to aliens, who do not exist, than attribute them to the Shona people and the Africans who exist and who built them. The denial of the Shona people of their



intellectual ownership, among others of the Great Zimbabwe, Khami ruins, is theft of history” (Benyera, 2018).

One instance of western denialism, according to Dr. Everisto Benyera, a lecturer at the University of South Africa’s Department of Political Sciences, is found in the works of the historian Niall Ferguson. In his book *Empire: How Britain Made the Modern World*, Ferguson emphasizes the imperial contributions of modern democracy and the English language to the nations that they conquered, as noted by Benyera. Ferguson’s opinions have been shared on television programs, just as von Däniken’s. In order to promote the publication of the book, Channel 4 presented a six-part series titled *Empire: How Britain Made the Modern World*. Arguments that many African civilizations’ accomplishments are erased by claims that aliens delivered them amazing architecture, but so does the claim that colonizers gave colonies gifts rather than imposing duties on them. Colonization’s steadfast justification continues to be that it is the gift of civilization.

Scholars have widely criticized alien notions as cultural omissions in recent years, not just in Africa. Christopher Heaney, a professor of Latin American history at Pennsylvania State University, published a piece on the racism behind the idea that the remains of ancient peoples are proof of alien life. Others have made an effort to refute the discriminatory assumptions made about Native American mound-building traditions. And while many people may think that notions about ancient aliens are an absurd and essentially benign concept or meme, Benyera notes that there is a current spectrum of western denial whose inhabitants want to undo and redistribute major achievements, particularly from African civilizations.

While the notion of intelligent green aliens traveling in spaceships with cutting-edge technology or the mighty Atlanteans makes for a fantastic movie premise or interesting discourse. The truth is that the human imagination has faltered and been overused. However, the existence of the pyramids and the people who built them is neither conjecture nor the product of our imagination. Those people did things that were both astounding and mind-blowing. At Wadi el-Jarf, in the Eastern Desert of Egypt, on the Gulf of Suez, archaeologists discovered the oldest port complex yet discovered. They discovered a stockpile of the earliest known inscribed papyri here (c.2607-5 BCE). And in that, scientists discovered “unique and unparalleled testimony pertaining to one of the world’s most renowned landmarks,” the Great Pyramid of Giza, which has fascinated and confounded tourists for over five millennia. According to the papyri, the employees were fed a meal consisting of dates, vegetables, chicken, and meat, claimed Pierre Tallet, an Egyptology professor at the Paris-Sorbonne University and co-leader of the team that discovered the papyri. The papyri also mention the work team members receiving textiles on a regular basis, which Tallet told Live Science was “probably thought of as a type of money at that time,” in addition to the nutritious food. Mark Lehner, the head of Ancient Egypt Research Associates (AERA), a Massachusetts-based research organization, added that high-ranking officials who participated in the construction of the pyramids “could have gotten grants of land.” Land concessions were provided to authorities at various points in Egypt’s past, according to historical archives. It is uncertain, nevertheless, if authorities engaged in the construction of the pyramids also received land gifts.

It has been discovered by Lehner's team that some of the laborers building the Menkaure pyramid formerly resided in and frequented a settlement at Giza. The archaeologists have so far discovered proof that the early residents of this settlement produced vast amounts of bread, thousands of animals, and beer. Archaeologists calculate that on average, 4,000 pounds (1,800 kg) of animals, including cattle, sheep, and goats, were killed each day to feed the workers based on the bone fragments that have been discovered at the site and taking into account the employees' nutritional demands. The fact that the laborers' bones had healed and been correctly set when their bodies were discovered in tombs close to the pyramids suggests that they had access to the medical treatment that was available during the period. Egyptologists largely concur that the pyramid builders were not slaves because of their abundant nutrition, the indication of medical care, and the fact that they received textiles as payment.

It could be challenging to understand how people were able to perform these tasks that took those people years to finish given that we live in a more contemporary culture that can scarcely operate without cellular phones, automobiles, electricity, etc. There are several software programs that can help with the designing process and let us view the finished product before the building process begins when it comes to architecture and construction. Building houses, offices, and other structures don't require as much time as it did in Ancient Egypt or other pyramid-building civilizations. We use a plethora of tools, and things evolve over time. Change is inevitable since every facet of human existence is evolving and growing. Because of this, it really shouldn't be all that hard to understand or doubt the creativity of the individuals who were able to complete building these enormous,

magnificent temples. The way things are, though, makes it sometimes simpler for some people to attribute these incredible creations to aliens than to humans.

## Chapter 3: Modern Symbology of the Pyramids

Every pyramid that has been built throughout history embodies the significance and symbolism of the culture in which it was built. The fact that they were all constructed to adore and honor their gods and rulers—whom the populace of that era thought possessed divine abilities—is what unites them all. Either these buildings served as monuments for graves or as temples. Take the pyramids that were built in Egypt as an example. They were constructed on the west bank of the Nile, which coincided with death and the lowering of the sun. The significance of life beyond death to ancient Egyptians was therefore indicated by the pyramids. Pyramids may have been thought of as a means of directing the deceased pharaoh's spirit to the realm of the gods. Pyramids did, in fact, also stand in for the Cosmic Mountain in ancient Egypt. The location of both intellectual and spiritual enlightenment was at the summit of Cosmic Mountain, the pyramid's symbolic pinnacle. The ancient Egyptians thought they were born at the base of the metaphorical pyramid. They believed you had to work your way up to the peak. In addition to being very old and close to death when you arrived at the pinnacle, you would also have attained both intellectual and spiritual insight. Atum, who was believed by Ancient Egyptians as the God of creation, then made his home on the mound known as Benben when it emerged from the primordial seas (called Nu). The pyramid would then symbolize creation and everything that is contained inside it. Even today, the sight of these beautiful buildings protruding from the desert arouses awe in many people and piques their curiosity about the ancient society and its kings. Some people think that the

primordial mound that was stated in the religious beliefs of ancient Egypt is represented by the pyramids.

### *Ancient Egypt's Social Pyramid*

As previously stated, Ancient Egyptians believed people were born at the base of the pyramid. There is a reason for this since there existed a social pyramid throughout this time period; let's delve deeper into this. Pyramidal social organization characterized ancient Egypt. The pharaoh, Egypt's supreme ruler, was at the very top of this social pyramid. Egyptian religious practices boosted the pharaoh's power. Pharaohs were revered as gods, and their decrees were binding. Multiple social class tiers came next in significance. Less individuals belonged to the classes at the top of the pyramid, which also had better prestige. Although there were more persons in the lower classes, they were of inferior rank.

Social mobility was not encouraged, taught, or practiced during most of Egypt's history since it was commonly thought that the gods had created the most perfect social order, which was consistent with the culture's central value, ma'at (harmony and balance). Ma'at was the name for the universal rule that was believed to allow the universe to work in the proper order, and it was believed that the Egyptian social hierarchy really adhered to this order and its unbroken principle. The members of the society were adamant that the gods had provided for all of their needs, giving them the best location on earth, and appointed the ideal monarch to govern over them as a bridge between the worlds of the mortal and the divine. One of the major responsibilities of the monarch was to uphold ma'at, and once this was done, the other tasks of his office would come into being automatically.

The next highest overall classes in the social pyramid, after the pharaoh, were government officials and priests (they were the most authoritative groups in Egypt). Because an Egyptian ruler could not personally control every area of society, the role of vizier was established as early as the Early Dynastic Period (c. 3150- c. 2613 BCE). The vizier—a form of prime minister—assigned responsibility to other members of the court, conveyed communications through scribes, and managed the military, regional governors' activities, public works projects, and tax collections, among other things. However, the fact that the majority of officials were from noble backgrounds shouldn't come as a surprise. In addition to being incredibly powerful and affluent, they also enjoyed an incredible lifestyle. Regarding the priests, the fact that religion was such an integral part of Ancient Egyptian culture explains why they were also such a strong group. Priests oversaw the temples and were in charge of religious rites. Additionally, they supervised significant funeral and burial rituals.

Scribes were likewise held in high regard and occupied important positions in society. They compiled data for officials in the government and clergy. To become a scribe, one needed substantial education. Additionally, this group included artisans including stone cutters, metalworkers, painters, sculptors, and carpenters. Though highly trained, artisans had a low social standing. Peasants ranked last in the social hierarchy (everyday people). With around 80% of the population, they made up the biggest socioeconomic class. The area was farmed by peasants, who gave the Egyptians a consistent supply of food. Peasants toiled on the pharaoh's extensive construction projects when they weren't farming. Additionally, they were the ones who supplied the civilization with the resources it needed to endure and grow

for more than three thousand years. In this structure, there existed a class below the peasants, which included slaves, debtors who could not pay, criminals, and prisoners of war.



## *Spirituality*

At this point, it seems sensible to investigate the spiritual significance that pyramids had for different cultures in order to have a greater understanding of what they represented, and to the people of Ancient Egypt. Take a peek at the pyramid's actual construction. Philosophically speaking, the Great Pyramid holds a special position in several religions and belief systems. If the Great Pyramid was utilized for religious functions instead of as a tomb, such as a temple, place of meditation, or sacred monument, then its enormity alone would undoubtedly make it a place of marvel.

It is significant to mention that the ancient Egyptians believed that the shape of the pyramids could give the dead new life since they symbolized the form of the physical body rising from the soil and moving toward the light of the sun. For many, this great spiritual pilgrimage has a true meaning for the ancient pyramids of Egypt.

An equilateral triangle is of prodigious value. In ancient Egyptian culture, the three sides stood for the tri-natured aspect of the divine; God was the creator, God was the protector, and God was the transformer. This three-fold aspect of God might be compared to the path of the seeker. In other words, there is a beginning, which is a symbol of birth as it relates to creation, and then there is the drawn-out process of development and growth, which ultimately results in the seeker's understanding of their actual identity. The seeker now loses his individuality and becomes fully immersed in their basic divine consciousness.

A seeker's journey comprises three stages. This tri-natured aspect is perfectly depicted in an equilateral triangle with flawless symmetry. There is a space inside the triangle's three

lines. As a result, we may state that the one is included inside the three and that the three also include the one. God is three in one and one in three, which is His nature.

Our creator God is a triune being, God the Father, God the Son and God the Holy Spirit.

According the ancient Egyptians God allegedly has four faces as a result. The four parts of God each reflect a different facet of his character, similar to the points on a compass.

The pyramids' shape was meticulously intended to express these essential tenets of the oneness of the divine and was not picked at random. Each face of the pyramid is four. One face faces the earth, and the other three face the skies. Four equilateral triangles make up the pyramid, and they each represent the cosmic aspect of God three to one and one to three. The pyramids were constructed with the utmost accuracy. They were constructed by experts who had a deep comprehension of nature. They made stones appear to be weightless by applying their knowledge of divine rules. They might make large pieces of stone easier to utilize by reducing their gravitational force. Many contemporary Egyptologists find it difficult to imagine that the ancient Egyptians may have used technology that was unavailable to modern man, which is why the notion that a vast army of slaves constructed the pyramid was invented.

The enormous pyramids served as a location for spiritual initiation primarily. Initiates would go through the process of achieving true enlightenment inside the holy limits of the huge pyramids. The choice of the pyramids was made because they represent the exterior symbolism of man's inner search. Ancient Egyptian mysticism focused on

initiates looking for the Divine inside themselves. Unfortunately, the spiritual initiates who protected the knowledge of enlightenment lost their authority over time, and the pyramids started to be utilized for other things. Because of this, it is challenging to uncover proof of these ancient spiritual practices.

## *Astronomical Study Behind Pyramids: Are They Aligned With The Stars?*

The stars were attentively observed by the ancient Egyptians. When choosing when to cultivate crops and when to reap them, they utilized the constellations as a guide and the movement of the stars as a factor. The question of whether the pyramids themselves are really aligned with any one constellation, however, has been the topic of much debate. Many potential astronomical alignments for the pyramids over the years have been suggested by experts, particularly with regard to the Giza Pyramid Complex. The Great Sphinx, the Pyramid of Menkaure, the Pyramid of Khafre, and the Great Pyramid of Giza may all be found in this well-known location west of Cairo. However, the Old Kingdom of Ancient Egypt, when the pyramids were constructed, began approximately 2500 BCE. Any celestial alignment they had with the night sky, then, would have to correspond to how the cosmos appeared 4,500 years ago.

The relationship between pyramids and stars has been the subject of several hypotheses for many years. However, a Belgian author and lecturer by the name of Robert Bauval formulated a theory that has lingered in the minds of many members of the public in the 1980s. He emphasized the parallels between the configuration of the three pyramids at Giza and the spacing between the three stars that make up Orion's Belt in the constellation. He developed the idea that "the pyramids were built to serve as a portal to the stars" and popularized it in his 1995 New York Times bestseller "The Orion Mystery." Bauval claimed that the constellation Orion governed the construction of all the pyramids. His idea came to be known as the "Orion correlation theory."

In the current era, many archaeologists view this theory as being far-fetched. You might be wondering why, and the answer is that there is no tangible proof of an intended association. Furthermore, there is no evidence in Egyptian writings that the pyramids were purposefully built in that manner. Many theorists, skeptics, and archaeologists contend that individuals who hold this view are victims of pareidolia, the human propensity to see patterns, forms, and other meanings in seemingly random items. Observing the fabled Man in the Moon's visage, as an example. Also, not all three pyramids were planned at once. Leading scholars believe that the Pyramid of Menkaure, which is somewhat smaller and is located a bit farther away, was built as an afterthought. Therefore, it makes sense to assume that the separations between the monuments had nothing to do with the separations between the three stars in Orion's Belt. Or, at the very least, no conscious association with the stars. Despite the absence of evidence, the Orion Correlation Theory frequently manages to capture the interest of a large number of people since it is sometimes bundled with other strange assertions. Typically, those who are most fervently in favor of the theory are also those who support myths about long-forgotten technologically superior nations and ancient aliens.

## *The Impact of Ancient Egypt and Pyramids on Popular Culture*

The impact of Ancient Egypt can be found everywhere, from classic Hollywood movies to contemporary fashion. Pop culture has been greatly influenced by Ancient Egypt over the years. Just the wonderful structures that the inhabitants of Ancient Egypt built had captured the attention of many. From the beginning, when people learned more about civilization, modern video games and both classic and contemporary films began to highlight this unique civilization in popular culture. It is not surprising that early filmmakers were drawn to Egypt because everything about this civilization captured the curiosity of the general public. In reality, during the turn of the 20th century, archeological research was being done there by countries like Germany and England. The 1917 film “Cleopatra,” which was based on the Shakespearean play of the same name, is one of the first examples of the profound effect that this nation’s civilization and people have had on popular culture. One of the earliest full-length movies ever produced, this one had a tremendous box office impact. Cleopatra stood for elegance, grace, royalty, and style. In fact, a lot of designers and makeup artists in the fashion industry have opted to recreate her famous style with a contemporary twist. In video games like Assassin’s Creed: Origins, the pharaoh queen has also been a crucial figure. It is reasonable to conclude that Ancient Egypt had a significant impact on modern tastes.

## *Ancient Egypt Influence in Film*

Ancient Egypt has long captivated the film industry. The hieroglyphics, temples, and pyramids are all incredibly beautiful, alluring, and attractive to the eye. The ancient civilization is intriguing in and of itself because of how the people lived and interacted. Since it was a well-known archaeological site around the start of the last century, Ancient Egypt was frequently in the news. Egypt is still a country with a rich culture and civilization today. Ancient Egypt has maintained one of the most popular genres in cinema because it represents that same ongoing fascination from outsiders.

The fascination the West has with this historic culture is shown in many movies. The historical drama *The Mummy* (1932), one of the first movies ever filmed, depicted an Egyptian mummy who is awakened by archaeologists searching through his tombs. *The Mummy* is one of the most recognizable horror films ever made. It centers on the priest Imhotep, who is revived when his tomb is unearthed and was released by Universal amid the height of that studio's emphasis on horror. Then he goes out to marry a modern-day young woman whom he thinks to be the reincarnation of his past girlfriend. The movie still has the capacity to upset the audience with its tale of how the past may engulf the current world, even though some of its features may seem outmoded. *The Mummy* was remade in 1999. The 1999 remake of *The Mummy*, which has a considerably lighter tone than the original, is nonetheless regarded as one of the top horror films of the 1990s even though the original *The Mummy* was very much a horror film. Although it has a similar plot—a deceased lover of an ancient Egyptian named Imhotep desires to be revived—it places considerably more emphasis on the humor than the tragedy. Brendan Fraser,

Rachel Weisz, and John Hannah all have some outstanding appearances in it. Furthermore, it has some incredible special effects, and Arnold Vosloo still manages to make the blood shiver when playing Imhotep. *Stargate* (1994). One of the finest films produced by Roland Emmerich. It proposes that the Egyptian deity Ra was an alien who tried to enslave mankind in order to preserve his failing body. It is a thought-provoking investigation of the impact of extraterrestrials on human culture and civilizational development. Emmerich demonstrates how he still has a keen eye for maximizing special effects despite the script's occasional tendency to be muddled and excessive.

I must also mention *The Ten Commandments* (1956). *The Ten Commandments*, directed by Cecil B. DeMille, was among the best films to come out of the 1950s. Similar to *Exodus: Gods and Kings*, it centers on Moses and Rameses and their conflict as the former serves as the instrument through which God's will is carried out on Earth. It still manages to be a deeply touching film more than fifty years after it was released, and it also has some of the era's most spectacular special effects. Moses' ability to split the Red Sea is still a testament to how well a moving image can convey the majesty of the divine. The movie held the interest of many Christian beliefs while also allowing them to see what many of them believed and had been taught on film. Even if you did not share this religious stance, the work was respected and highly appreciated.

More modern motion pictures have exploited Egypt as the setting for action and adventure, such as *The Prince of Egypt* (1998) and *Gods of Egypt* (2016). I must mention that a number of films have been made in the 2000s that have drawn inspiration from different myths. As the title implies, *Gods of Egypt* bases its plot on the pantheon of ancient Egypt.



It emphasizes the struggle between the deity Horus and Set, his adversary, in particular. The film is notable for being one of the few to genuinely make use of ancient Egyptian mythology while being widely mocked by reviewers. Additionally, it has some outstanding CGI that adds to the vividness of the gods' fight and the mortals who are drawn into it. *Scorpion King* (2002), although *The Scorpion King* may not always be remembered as one of Dwayne Johnson's better roles, it nevertheless has its charms as an action film. It is a sequel to *The Mummy* and centers on Rock's role, a strong warrior who undertakes the classic hero's journey to becoming the titular king. Although it has an adventurous storyline, it never takes itself too seriously, so the audience can just unwind and enjoy the journey.

There is always something fresh to discover in this rich and interesting society, whether it is a classical epic like *Cleopatra* (1963) or a mystical expedition like *The Prince of Persia: The Sands of Time* (2010). Movies are a big component of many cultures because they provide us with visual enjoyment and allow us to see the creativity of the filmmakers and performers who are able to bring to life many parts of Egyptian culture that many of us have read about and have always found to be very fascinating. Special effects, which might nearly give us the impression that we are truly there, are another fantastic contributing aspect.

## *Ancient Egypt Influence in Video Games*

For many years, the backdrop of video games has frequently been ancient Egypt. Some early examples are the 1980s video games *Pyramids of Ra* and *Tutankhamun*. Since then, several games—from modest indie games to huge AAA releases—have been released using Ancient Egyptian settings. *Assassin's Creed Origins* by Ubisoft is one of the most well-known video games with a setting in a legendary country. The game contains a thorough and authentic reconstruction of Egyptian history and civilization and is situated in Egypt during the Ptolemaic era. *Pharaoh*, *Age of Empires III*, and *Cleopatra: Queen of the Nile* are some more well-known video games with Ancient Egyptian settings.

Adventure games like *Lara Croft: Tomb Raider*, on the other hand, have also made references to Ancient Egypt. In these games, exploring tombs and gathering artifacts are common tasks that players must do while learning about the intriguing world of the pharaohs. Online slot game creators have also drawn inspiration from both explorer and Ancient Egypt-themed media. *Rich Wilde and the Book of Dead* utilizes Lara Croft-style narratives and Ancient Egypt as its setting. It features five reels and ten pay lines, and its most prominent feature is its growing wilds. Owing to its opulent antiquity and culture, ancient Egypt still remains a popular location for video games. There are numerous new releases expected in the upcoming years, and the demand for games with this setting is still growing.

## *Ancient Egypt's Influence on Pop Music*

Pop music, in particular, was greatly influenced by ancient Egypt. One of the most well-known instances is *Walk Like an Egyptian* by The Bangles, which peaked at number one on the charts in 1986. While observing passengers on a boat, music producer Liam Sternberg came up with the song's theme. The producer stated that their positions resembled those seen in artwork from ancient Egypt since they were attempting to retain their equilibrium. The music video for Katy Perry's song *Dark Horse* can serve as a more recent example. Ancient Egyptian pharaohs visit her in the music video to enchant her. As an all-powerful goddess, Katy Perry uses her powers to control the pharaohs and get what she wants.

And of course, there is the incredibly popular, top-selling song *Remember the Time* by Michael Jackson, which has an Egyptian theme. Regardless of the fact that Michael Jackson's love song is entirely ageless and unrelated to history, he gives us a whole Egyptian backdrop in his trailer for the song. *Remember the Time*, is a genuinely amazing song. The action occurs in front of the queen's throne, which is played by Iman, and the king's throne, which is represented by Eddy Murphy. The steward (Magic Johnson) brings a number of ineffective artists until the queen becomes bored, and they are promptly put to death. This fantastic song is given further life by the Egyptian backdrop, attire, and staging, which has led to many people wanting to use the theme for more Halloween parties and other events. With the culture and the people, there will always be a high degree of fashion.

## *Ancient Egypt's Influence in Fashion*

Many people are well aware that the origins and primary movers and shakers of contemporary fashion are Paris, Milan, London, and North America. However, there is another location—ancient Egypt—that through thousands of years and generations also contributed to the global sense of beauty and style. There will always be jewelry and clothing artifacts at old settlement sites, no matter where they are found in the world. The famous limestone monument of Nefertiti, which displays her flawless, well-defined facial structure, and the imagined depictions of Cleopatra, who wears black eyeliner and a gorgeous jeweled collar, continue to represent the most prominent and enduring manifestations of beauty in the world today. Egyptian themes and designs have become quite popular in contemporary fashion. Egyptian motifs are included in the works of several fashion designers as well as Hollywood celebrities like Beyonce and Katy Perry. The most well-known designs are the “Eye of Horus,” Egyptian cats, the winged sun-disc, and the cobra. Not only did this magnificent civilization impart to global knowledge in the fields of science, mathematics, religion, and government, but it also left behind its brilliant aesthetic and artistic impact.

## Chapter 4: The Science Behind Its Structure

The ruins of the pyramids are clear evidence that the people who lived at that time were professionals in the physical, chemical, astronomical, mechanical, biological, architectural, metallurgical, and astronomical sciences. In addition to burying kings', those connected to them, and their possessions, among other things, electricity had a role in the construction of the pyramids. The creation, transmission, and distribution of electrical power as well as some form of signal transceiving (both transmitting and receiving) were all included in the larger scheme of things, which may come as a shock to some. In reality, electricity was effectively produced and extensively used in ancient Egypt. At that time, there existed the Baghdad batteries and the first arc lights. You might be curious as to what a Baghdad battery is. The battery is really a group of three artifacts that were discovered together: a ceramic pot, a copper tube, and an iron rod. Many people think that although it was unearthed in Iraq's Khujut Rabu, Egypt really created it first. Some scientists proposed the theory that the device served as a voltaic cell, and may be utilized for electroplating or some form of electrotherapy. Another piece of evidence that ancient Egypt may have utilized electricity is the arc lamp found in the Lighthouse of Alexandria.

It was only possible for a regular electrical supply to provide the energy needed to run the Lighthouse of Alexandria continuously. Additionally, studies using Baghdad Battery model trials have generated three to five volts. Although it might not seem like much power now that you think about it, it was more than plenty for the time period. Because these spaces were lighted by electricity, no carbon stains have been

discovered in the passageways of the pyramids or the kings' tombs. Egyptian hand-held torches that were powered by sources without cables may be seen in the sculptures. A rectangular column that resembles a light bulb and is thought to have served as an insulator supports the conclusion that high-voltage insulation was utilized in the Temple of Hathor, precisely like it is today. This conclusion is backed by a close examination of the paintings in the temple. Amazing similarities exist between these bulbs and current light bulbs. The fact that the inhabitants of this era were meticulous in keeping track of the days, months, and other time-related events should be noted. Additionally, they had a daily calendar and time. Balinese and Mayan builders built several pyramids that were able to foretell both human history's natural disasters and their daily, monthly, annual, past, present, and future events.

Environmental air's negative ions are what causes the electromagnetic field to form at the base of pyramids and propagate to the structure's top levels. Negative ions can more easily travel along this channel and reach the tip's outer regions. A gold or copper capstone is added at the tip of the device to increase the ionic content by encouraging the ions to go to the environment and ionosphere. It also thickens the ozone layer while reducing pollutants. The design of the device is also crucial for achieving the highest voltage. The slant height angle should be 51.8 degrees. The pyramid's orientation is always northward. The pyramid's form itself is an enhanced receiver or resonator of numerous types of energy fields. The magnetic force of a pyramid is directed outward from the South Pole and inward to the North Pole. The pyramid form provides a spin field for electrons from its apex, allowing it to travel in an angular velocity, i.e., around its own axis.

To elaborate, kinetic or moving energy entering the pyramid through its top aperture may be interpreted as the North Pole of its magnetic field, while energy leaving the pyramid through its midsection can be interpreted as the South Pole. Once inside the pyramid, the energy ricochets off the equal angles of its walls, and the five vantage points of the pyramid project a beam of radioactivity towards the center, where the power is gathered or grouped to form the “fire in the middle,” also known as the pyramid’s center of mass or center of gravity, which is positioned one-third of the way up from the base and two-thirds of the way up from the apex (Phi ratio). These energies all unite in the middle of the King’s chamber area and the Queen’s chamber region of the Giza Pyramid. By resonating, the molecules or atoms in this region absorb this energy. Openings may be observed from the sides of certain pyramids, such that as it enters, it is battered inside the walls before concentrating at the center of gravity. The highest voltage produced at the tip is transferred via a non-harmful wireless technique that was utilized to power both residential and extremely advanced machines at the time.

The intricate design of the pyramids is comparable to that of the modern electrical grid but without the transmission cables and step-down transformers. The architecture of the pyramid in Bali resembles the architectural style of the pyramid in Peru, suggesting that all the people were somewhat globally connected with the same level of technical training, taught by the same group of people, or when people from various cultures migrated elsewhere or roaming scientists. In addition, the entire population was employing the same technology for electrical power generation, transmission, distribution, and wireless communication systems. Joe Parr, a member of the Great

Pyramid of Giza Research Association, found that the strength of a pyramid's energy field was affected by sunspot activity and lunar phases and that during the year the vibrational frequency would block all electromagnetic radiation and even gravity for a period of time.

Negative ions, which support cell growth and repair, are among the other organic and inorganic substances found inside the pyramids. They are circulated by the circulation and are brought into the body through the air. Air pollution is the cause of the excessively positive ions that people nowadays are feeling. Positive ions have the potential to trigger disorders, including depression. As a result, the body benefits from negative ions. Negative ions are produced by pyramids. Additionally, it is thought that they typically balance the electromagnetic field of the body. If gold or copper are utilized as the materials, this impact is further intensified. It can:

1. Give worn-out jewelry and coins new brilliance. Give swords added strength and sharpness.
2. Water purification.
3. Dehydrate and mummify meat, eggs, and other foods.
4. Ensure that milk stays fresh and avoids going bad without refrigeration.
5. Flowers may be dried without losing their shape or color.
6. Increase the pace of plant growth.
7. Boost your level of relaxation.
8. Enhances the flavor of several fruit juices, wine, and coffee.



9. Lowers the discomfort from toothaches and headaches and speeds up the recovery of burns, bruises, and wounds.

A lot of individuals have also mentioned that they feel less worn out and more at peace when they wake up after sleeping within a pyramid. An ancient grain that has been well preserved has been discovered by Egyptologists in tombs. Contrarily, grains kept close to the field or in sophisticated storage facilities typically deteriorate after just a few growing seasons. An elaborate dinner was laid out on clay plates in line with funeral rites. Porridge, quail, kidneys, pigeon, fish, beef ribs, triangle-shaped loaves of bread, cakes, and fruits made up the dinner. Despite being over 5,000 years old, Egyptologists were able to identify every dish in the whole supper thanks to their exceptional condition of preservation. When meditating within a pyramid, one can experience feelings of warmth, a sensation of weightlessness, tranquility, relaxation, improved attention, and a happy attitude. Given the aforementioned information, it is possible that they also conducted experiments in genetics and microbiology. Massive-sized pyramids should abruptly boost animal and plant development since small experimental pyramids can multiply plant cells more quickly. It implies that studies of newborns' demands and growth metrics may have been conducted indoors. Because the Giza pyramid was built with several enormous blocks of limestone that were exceptionally finely cut and precise and weighed fifteen tons, this raises issues about the likelihood that there were big individuals present. Additionally, specialized workers, equipment, and tools are needed for the pyramid's uppermost levels of the building. One might deduce hierarchical connotations of importance from the cave paintings and carvings, or one can draw the conclusion

that giants once lived as a result of research carried out inside the pyramids and their ability to effortlessly handle fifteen tons of limestone blocks as well as machinery. The typical shelf life of grain in contemporary silos is four years.

All across the area, wireless electricity was produced, translated, and disseminated. It is obvious that fifteen tons of highly advanced stones were utilized to build the pyramids because of their exceptional accuracy and fineness. Both organic and inorganic materials exhibit mummification. Rapid growth is seen in the tissues of both plants and animals, including humans. And the enormous skeletal remains discovered after the excavation are evidence that huge people once lived on earth.

Pyramids have had positive effects on the blood and neurological system. Prevention of the proliferation of cancer cells. The pyramid model was used to create a medical treatment device that uses pyramid power created by the model and is placed beneath the bed to cure certain infectious illness types. The model was built of plastic, and its major purpose was to eliminate all viruses and dangerous bacteria. It investigated how the pyramid form affected both solid objects and solubility in water as well as plants. The pH value of water stored in the pyramid altered when compared to the usual value, water deficit by both biological things and inorganic solids increased within the pyramid area, and the breakdown rate of water hydrogen peroxide ( $H_2O_2$ ) rose thrice while kept in the pyramid. In the field of medicine, a study was carried out to determine the impact of pyramids on groups of mice who have been exposed to the salmonella Typhimurium bacterium. The mice were placed in two groups—one within a pyramid and the other group outside—twenty-five days of monitoring revealed that all of

the mice in the group outside of the pyramid had perished, as opposed to 35–40 percent of the mice in the pyramid constructions. This demonstrates that the amount of time the animals spend in the pyramid construction and their survival rate are related.

In recent times, a technique for using pyramid energy to heal patients has been developed. This technique involves placing water under a pyramid structure for 24 hours at a negative temperature, then observing the water's crystal structure to determine the zones of energy distribution both inside and outside the pyramid. Another investigation has been carried out to ascertain the electrostatic and magnetic field produced by pyramids the same size as the great pyramid constructed of fiberglass and paper. The fluxgate magnetometer decided the outcome. It was discovered that while a single paper pyramid produced no magnetic field, a fiberglass pyramid produced 310 Gamma and a stack of 19 paper pyramids produced 323 Gamma. Since the magnetometer has a 20-gamma accuracy and it is well known that the earth's magnetic field produces between 20,000 and 50,000 gammas, the quantity of energy produced by the pyramid is modest but quantifiable. Other research has been done using a Tessy instrument to find and quantify the pyramid energy in the 144-meter Russian Pyramid. These tools, along with others, were utilized to map energy fields. The strength of the energy field flows, both inside and outside the pyramid, has been controlled by the experts. Decibels were used to express the relative intensity field of the pyramid energy. The electromagnetic field was determined to be nine decibels at the pyramid's core, seven to eleven decibels above the pyramid, three times as powerful beyond the pyramid on the east-west axis as it was along the north-south axis, and over Five decibels underneath the pyramid.

I should note that most of the material below was gleaned from studying Halal Food's research and goods in relation to employing the pyramid approach with reference to their products. From farm to fork, halal food is produced through an integrated process that aims to create not just food that has been ritually blessed but also food that is wholesome, secure, and harmless. Finding a safer alternative method is a high concern for study in the field of food science due to the decrease of some minerals, vitamins, and quality produced by most present preservation processes. In one step, the innovative approach combines packing and preservation. This method is based on the enigma surrounding the dimensions of the Great Pyramid of Giza in Egypt and how they affect the development of microbes when used on pyramid-shaped food packaging and containers. The preservation effect without any further physical or chemical treatment is solely attributable to the form power. A study has been conducted to ascertain how the material, shape, and scale of pyramid building affect microorganisms. The impact was evaluated using a number of factors, including pH, odor, color, and bacterial count. In contrast to the control sample, it was discovered that milk over a fourteen-day period of storage beneath the pyramids was examined. samples maintained inside hollow Pyramidal structures reduced the growth of germs. In comparison to the control sample, it was found that all of the samples that were put within the hollow pyramidal constructions had varying degrees of bacterial growth suppression. The effectiveness of preservation was assessed based on a number of factors, including color, odor, pH, and microbe count.

Approximately 17 years have passed since Bill Kerrell began using pyramids in his studies. In his book *The Guide to Pyramid Energy*, written in 1977 he conducted a lot of studies using

brine shrimp. Under the pyramids, Bill Kerrell has maintained that brine shrimp alive for more than a year despite their typical lifespan of six to seven weeks. He also observed that shrimp raised in pyramids grew two to three times bigger than usual. Bill Kerrell has also worked extensively with people. He and his colleagues have discovered, for example, that where sluggish persons grow more energized, hypertensive ones become tranquilized. Many studies have been conducted on meditators. Theta and alpha brain waves have been observed to be elevated. According to research, objects put under a pyramid retain their “energy” for varying amounts of time after being removed. These studies are essential and vital to remember since they demonstrate how the pyramid’s shape has been beneficial in several significant areas. Bill Kerrell also mentioned in his studies that a pyramid object was used in a burn unit at a Canadian hospital. As a consequence, the patient’s discomfort began to lessen after a short period of time under the pyramid. Burns healed significantly more quickly, they discovered

## *Pyramid Shape and The Medical Field*

The architecture of hospitals has drawn a lot of attention from architects recently as an integral component of patients' healing processes. The intricate functional links between the many components of hospitals define them. Architects pay only a passing attention to the overall shape of the hospital and its components in order to meet these functional needs. Today, a new practice known as pyramid meditation is becoming popular as an alternate form of treatment for various illnesses. It has been demonstrated that pyramids contain special energy qualities that provide health advantages for a variety of illnesses. They can be thought of as organic healing devices. This aspect compels us as architects to pay close attention to hospital design. It is necessary to pay attention to a transition away from classic cubic, rectangular, or even circular forms toward triangular or, more particularly, the pyramid form.

When building a pyramid, if the requirements of measurement, location, alignment, and material are carefully studied, it will allow for a raised energy field that can benefit our general health, promote healing, and foster an atmosphere that is healthy for our body to function correctly. Buildings are shaped primarily for functionality while they are being designed by architects. Architects may design a better world with useful forms that can improve life and our well-being by understanding the power of shapes to manage space energy, particularly the pyramid shape. One of the world's most recognizable constructions is the pyramid. The huge Egyptian pyramids and other pyramids of a similar design have been shown to exhibit special energy qualities by several scientists and researchers over the past ten years. They possess the capacity to focus and concentrate aetheric energies. There was a frenzy of pyramid energy research in

the 1960s and 1970s, and a sizable amount of material on pyramid energy studies was released. These benefits of pyramid energy include the promotion of healing and the enhancement of meditation. Pyramid models have been demonstrated in studies to encourage more relaxation and enhanced calm in human participants.

Pyramid technology is actually more advanced than we ever realized, according to a scientist from Russia named David Wilcock. He wrote that it has the potential to completely transform both our world and our own lives, as well as significantly enhance our physical, mental, and spiritual well-being along the way. These findings also shatter all of our preconceived notions about science as a whole and our own biology in particular. We must find a geometric architectural style that engages with the energy of forms to create places with the harmony necessary for the satisfaction of its users, according to Dr. Ibrahim Karim. Although each form is supposed to have its unique energy force, the pyramid functions the best. Testing by groups of Russian experts reveals that pyramid energy has a wide range of undisputed, almost miraculous healing abilities. The pyramidal limits contain a significant amount of magnetic concentration, which aids in shielding the human body from harmful radio frequencies and negative energies. The pyramid will assist in fostering a favorable atmosphere for our body's proper operation with regular use. Hospitals' primary purpose is to treat, heal, and recover patients. Therefore, it is worthwhile to examine the pyramid shape as a way to encourage healing and recovery and to perceive hospitals from an entirely different viewpoint, from an energy point of view.

Later, Russian scientists copied the Great Pyramids of Egypt by building a few pyramids in his footsteps. In 1990, Dr. Alexander Golod appears to have been the driving force

behind the construction of the first pyramid constructions in Russia and the Ukraine, where a number of eminent Russian scientists carried out research on them. They rapidly understood the potential of the healing “pyramid power” to transform our contemporary civilization in so many wonderful ways. In 2001, seventeen pyramids of varying sizes were built, eight of which were in Russia and Ukraine. More than 50 pyramids had been constructed globally by 2010. Scientists tested the energy-healing benefits of these Russian-built pyramids over the course of several years through a variety of tests. Numerous studies revealed that placing test participants within these pyramids accelerated healing, boosted immunity, and provided medicinal benefits. Professors from the Ivanovskii Institute of Virology investigated how these pyramids affected immune globulins, chemicals involved in immunity. Placing the immune globulin in the pyramids had an impact, which has the significant potential to boost the body’s defenses against viruses. A significant step toward preventative medicine would be the ability to boost the body’s immune system against illnesses. Not only would this make everyone healthier, but it would also benefit those who are battling certain illnesses and disorders by boosting their immune systems and enabling them to recover more quickly and effectively.

The therapeutic properties of the pyramids erected by the Russians imply that some pyramids can increase the life and energy of living things. Pyramids are presently being utilized quite successfully to balance the human body’s energy centers. According to Schul and Pettit’s theory, the pyramid energy field tends to result in cells, tissues, and organs that perform more healthily. They point out that since a cube hinders energy while a pyramid gives a greater energy field,



living in a cube-shaped house is not beneficial. Because it concentrates harmonious energy while repelling distracting energy, a pyramid facilitates meditation. Many scientists tested the energy-healing benefits of the Russian-built pyramids over the period of many years through a variety of tests. Numerous studies revealed that placing test participants within these pyramids boosted their immune systems, sped up recovery, and provided other health advantages. Additionally, seeds planted inside these pyramids produced more and grew larger. These beneficial benefits of the pyramids erected by the Russians imply that some pyramids can increase the life, resistance, and energy of living things. According to certain studies, sacred geometry-built pyramids have the ability to raise an organism's energy frequency, which includes the human body. Due to their distinctive geometric form, they think that this is conceivable. These pyramids' unique shapes enable them to collect electromagnetic energy from the planets, stars, and other celestial bodies. According to certain theories, electromagnetic fields have the power to modify a person's seismic prevalence rate, which in turn affects their emotional, physiological, and psychological states.

In 2010 there was the publication of a journal titled "*Journal of Radiation Research and Applied Science*" that was carried out in Egypt. It concentrated on how mice's blood parameters and cancer progression were affected by housing within a pyramid architecture. According to a study looking at how the design of a pyramid affected the growth of cancer in mice, some biochemical and physiological indicators may have improved as a result of the pyramid's radiation energy, which would have slowed tumor growth. The pyramidal form must be taken into account as an influencing component in the design process of hospitals to promote

healing, according to previous studies. A study of pyramid-based designs will place an emphasis on patient wards because it is where people spend most of their time when receiving medical treatment. On three distinct scales, the designs to be considered when it comes to the designs applied to hospitals both within and outside, should be:

- First, create a pyramid-shaped design for the entire hospital, of which the patient wards are a component.
- Second, create patient rooms in a pyramidal shape.
- Third, the creation of a pyramid-shaped outline (edges) around patient beds. The Impact of Pyramids on Energy The pyramid's form is similar to the carbon atom, one of the building blocks of the universe. The pyramid form functions like an antenna, drawing in, gathering, and accelerating energy particles from the surrounding energy field. We speak about the ideal pyramid in order to achieve the same impact as pyramids.

This is the one that is constructed using the proper materials and proportions, and it is oriented properly to achieve the pyramid appearance.

- When employing the pyramid shape, three key considerations must be made. The following are these issues:
- The enormous pyramid at Giza has an upright angle of 52 degrees, however, because our planet's orientation in reference to the galaxy has altered, an angle of 58.55 degrees is more relaxing and beneficial for healing.

- Pyramids made of metallic materials, such as the great stone pyramids, must be precisely oriented to magnetic north, but pyramids made of non-conductive materials, such as other types of pyramids, must be precisely aligned to true north.
- Around one-third of a pyramid's height is where the forces within seem to be most potent. Here is where the king's room is located.

## *Pyramid Technology and Water Purification*

The most crucial issue that people are now dealing with is the lack of access to clean water. Every ecosystem depends on access to clean water for everyday needs. Water supplies throughout the world are running out as a result of population growth and urbanization. The development of businesses and agriculture relied on the usage of water from sources like rivers and lakes. These sources are also contaminated by industry. Consequently, there is not enough clean water available now. The World Health Organization advises everyone to drink two liters or more of pure water each day. The growing global population and the ongoing need to enhance water supply, particularly in distant locations, are aggravating the problem of water shortage. Approximately 800 million individuals are reported to have the issue of contaminated drinking water. According to research, the growing world population would cause a water deficit of nearly 60% by 2025. Additionally, the World Health Organization predicts that by 2050, upwards of half of the world's freshwater intake would have been used. Desalination is a technique for purifying contaminated water such that it is safe to drink by eliminating impurities from it. Using a variety of heat, electricity, or membrane techniques, dissolved contaminants in water are separated out using this technology. The primary goal of solar distillation is to evaporate brackish water using solar radiation as a heat source, then condense the mist on a platform and retrieve the condensed water as fresh water. With the use of this knowledge, numerous organizations and corporations have developed a number of strategies to help with this issue.

## ***Pyramid Solar Still***

The solar still's surface area determines how quickly water evaporates and condenses. Pyramid solar still performs well and offers a greater surface area for the precipitation process than basin solar despite this. The system is known as pyramid solar still because of the top cover of this kind of solar still. Because it has a larger evaporative surface than a traditional still with the same basin area, it is more efficient. It may also be improved by modifying the pyramid's altitude, the covering angle, and other unique designs. Only two shapes of covers and basins were available for the pyramid solar still: triangular and square. Pyramid solar still offers several advantages over other types of distillers, and the following are some of the key reasons why:

- In order to catch the most energy possible during the day, the solar distiller of different sorts has to be positioned such that its sloped surface is facing sunlight directly and it also needs to be adjusted continually as the sun moves during the day. The pyramid solar still, shadowing that is cast by the side wall of the pyramid solar still on the water surface is significantly less than what is cast by the side wall of other conventional distillers.
- Pyramid-shaped solar stills have greater condensing areas than other varieties, which leads to higher precipitation rates. This is accurate despite the fact that the solar pyramidal basin area has not changed.
- The early stills display a variety of diverse styles and substances. The amount of water that can be generated varies greatly and is influenced by a variety of factors, such as operating techniques, solar still

design, and general climatic circumstances. Because the operating expenses are low. Commercialization of solar distillation is possible.

Also, to aid in the creation of secure, pure drinking water in tropical and underdeveloped nations, a Dutch business designed the Water Pyramid. Conventional systems using reverse osmosis are costly to install and consume a lot of energy, but the Water Pyramid utilizes the sun as its major energy source and has low upkeep and maintenance expenses. The company received the 2006 Development Marketplace Award from the World Bank for its small-scale water innovation. The company is currently building infrastructure at Pomona Island, Indonesia, and already has sites in India and the Gambia.

## **Chapter 5: Why Do Some People Wear The Pyramid Symbol On Their Heads?**

Over time, there has been a significant rise in the levels of stress and tension among many individuals in today's society as the population increases and numerous demands increasingly dominate the lives of many. Mental illness and other disorders linked to stress are on the rise. Many people's life lacks optimism and purpose, which is one cause of several of these problems. In many homes, there is a high prevalence of dependence on sleeping drugs, muscle relaxants, and alcohol. However, a lot of people look for an alternative strategy or a more all-encompassing strategy. Those seeking a more holistic approach are not delusional, nor is the idea implausible; there is a healthier method that is out there. Over the years, pyramid therapy has gained a lot of popularity and is used by a lot of people. This therapy is performed under a geometrical structure called a pyramid, which is made up of four identically sized equilateral triangles on a square base, with the apex of the pyramid forming the square base. Although there are numerous places in the globe where the idea of pyramidology is thought to have originated, Egypt tops the list when it comes to discussing the topic in-depth and the mystique surrounding it. This has been in modern culture for some time, despite the fact that it may appear revolutionary to others.

Dr. Fred Bell, the eminent creator of the famous original patented Nuclear Receptor—the world's earliest wearable technology for everyone—founded Pyradyne in 1975. He was an engineer who contributed to NASA, a quantum physicist, an instrumentation specialist, an author, a naturopathic doctor, a nutritionist, a musician, and a well-

known public speaker. The technology behind ancient pyramids, contemporary quantum physics, quantum biology, and both conventional medical and holistic medicine are all included in Pyradyne products. Its goods may be found in the jewelry market, the nutrition and supplement sector, as well as the publishing and music sectors. Pyradyne is known for its full original, high-energy jewelry as well as other related products that were developed to improve the well-being of humans. The Nuclear Receptor was created to shield the body from harmful frequencies, radiation, and poisons that can come from a variety of sources, as well as to restore physical energy and promote mental clarity. Millions of individuals throughout the world have benefited greatly from The Receptor, including men, women, children, prominent athletes, entertainers, professors, and many more. Unwanted positive ions are becoming increasingly prevalent in our air, which is harmful to all kinds of life, according to Pyradyne's clinical study. Positive ions might make you feel down and eventually unwell. Due to their positive impact on the body, negative ions give off a sensation of well-being. Negative ions are more prevalent after heavy rain or next to a waterfall than positive ions, which are more prevalent in smog and polluted air. It has been determined that the amount of positive and negative ions in the air we breathe is roughly 2000 and 1000 per cubic centimeter, however. The force of the pyramid is believed to possess supernatural or paranormal powers.



## ***The Effects a Pyramid Has on the Human Body When Worn and Used***

Humans will constantly be looking for ways to battle harmful gases in the atmosphere, as well as other holistic strategies to cope with the numerous factors that have shown to be depleted in their daily lives, as previously indicated. Many individuals do not want to become reliant on prescription medicines or alcoholic beverages to deal with the bulk of the issues they face on a daily basis. Society is busier, and many individuals work numerous jobs to make ends meet. There have been new viruses discovered recently. It can be draining at times. Due to this, a lot of individuals have started using alternate coping mechanisms, such as meditation, camping, nature treks, taking breaks from social media, and escaping crowded places to recover. So many people have no problem donning pyramidal headwear or practicing pyramid therapy. Both symmetrical and asymmetrical architectural designs are found on earth. A pyramid is the most robust and cosmological energy-rich form among all symmetrical structures. A pyramid has also been seen to receive the most cosmic energy if it is oriented like the ancient Egyptian pyramids, which is to say at their golden inclination of 51 degrees 50 minutes.

Pyramid energy is a life-giving force known as bio-cosmic energy that enables the pyramid to transform into a type of cosmic antenna that tunes into enormous energy sources (as discussed in chapter 4), receives the energy, and transforms itself into a gravitational flux. Wearing a pyramid on your head is not merely a trend, according to years of research by Pyradyne. In actuality, it has been practiced for years. It has been used by certain renowned personalities, such as Wesley Snipes and sportsmen, to assist them in increasing their

stamina. Musicians like James Brown and Todd Rundgren have also practiced wearing this item since it can aid in focus and creativity. A man in London has risen to fame for consistently donning his pyramid hat while walking throughout the city. This man wears it religiously when taking the train, walking to his workplace, and retailing despite the evident odd glances he receives due to the way it makes him feel. There are a lot of things that it is said to be able to accomplish for the human body.

## *The Advantages of Pyramid Meditation*

Many individuals report feeling a variety of emotions during their meditation sessions inside the pyramids, from intense peace to overwhelming ecstasy. Most people who have tried pyramid meditation state their bodies were completely relaxed, then block out all unneeded external stimuli, and unimportant thoughts, and then enter a state of altered awareness that enables them to focus on more inwardly-focused activities. This is due to the fact that a pyramid facilitates meditation because it concentrates harmonious energy inside you, allowing for quicker, deeper, and more fruitful meditation. The effectiveness of meditation in a pyramid is three times more than that of regular meditation. When used during meditation, a pyramid will hasten the relaxing process and promote feelings of tranquility, well-being, and a more optimistic outlook. Participants in meditation reported feeling more deeply relaxed, having a greater sense of well-being, and having more awareness. These circumstances have been attained as a result of the pyramid's positive energy flow, which promotes deeper concentration. People who routinely meditate in a pyramid have reported having powerful psychic and spiritual sensations, out-of-body encounters, more intense dreams and visions, and improved memory recall. Many people claimed that after spending time within a pyramid, they felt refreshed and their senses were more acute.

## ***Benefits Pyramids Are Said to Have for the Human Body***

Part of the reason this device is so potent is because of the form of the pyramid or triangle. Pyramids are energy-storing structures for the cosmos because of this. When anything is positioned inside the Pyramid, it collects input about itself that is magnified or strengthened. The object's potential and charge are increased by this frequency. A pyramid is essentially an energy amplifier in geometric form. The Pyramid makes everything perfect by restoring everything to its original state. Many people in spiritual communities regard the pyramid as sacred because it links heaven and earth. It is also thought to stand for stability and equilibrium. Each pyramid is made of metals from the earth, but it is also infused with universal energy, giving it a wide range of all-encompassing advantages. Pyramids have the unique ability to deflect any kind of cosmic radiation that strikes their apex and travels through their baseline to the bottom, where, in conjunction with the Earth's magnetic field and gravitational pull, they produce a new and potent bio-energy field. Secondly, because the pyramid diverts all radiations that come from its four sides and fall on its apex through its bottom, the interior center is left undeterred and secure. It is also encircled by a strong bio-energy field on all ends, which helps to safeguard the items kept inside the pyramid for a long period of time. In the body, pyramids have a potent ionizing action. The body's ability to absorb oxygen is improved by negative ions, which strengthens well-being. The seven chakras of the body can be synchronized by doing yoga beneath a pyramid or even just having a nap there.

Other Benefits Include:

- **Reduced Negative Thoughts.** Inside a pyramid, our willpower and mental strength are increased. Therefore, we should try to think positively while we are seated to prevent the negative energy from growing.
- **Healthier Water.** The universal force will reach every area of the body if we drink water that has been preserved in a pyramid for at least three days.
- **Wearing the pyramid headwear** will strengthen your immune system and assist your body to detoxify when you are sick.
- **Pyramids can preserve food**, which is one of their many useful properties. Food and drink flavors improve and stay more flavorful for longer. By dehydrating fruit, it may be kept forever.
- **Memory Enhancement.** Students' knowledge and memory are enhanced if they wear pyramid-shaped hats while studying.
- **Energy is dispersed uniformly throughout the Pyramid** in a constant flow. Everyone in attendance receives an identical amount of energy from the Pyramid, regardless of the number of people there.
- **Decreased Negative Thoughts:** Inside a pyramid, our willpower and mental strength are increased. Therefore, we should try to think positively while we are seated to prevent the negative energy from growing.
- **Productivity Improvements:** It has been shown that if certain seeds are stored in a pyramid for one to five

days prior to sowing, their yield would increase by 20 to 100 percent. The plants that are developed from the Pyramid's seeds are discovered to be healthier.

- Glucose and a few other iso-osmotic liquids kept in the Pyramid have been shown to be more efficient in drug de-addiction efforts. They can be administered orally or by venous injections.
- Under a pyramid, sleep quality and dream lucidity increase.
- It may also be worn by athletes to improve endurance and durability when they are working out or getting ready for a competition.
- The pyramid can aid in pain relief from conditions like migraine headaches if you are hurting.
- To help you focus, concentrate, and connect with the supernatural realm while you are meditating, put the pyramid on your head.

## **Chapter 6: Practical Applications of the Pyramids**

There have been various items described that demonstrate the incredible capabilities of pyramid energy; below, I will emphasize how to implement them in your daily life. Focusing on three distinct ways: pyramid headgear, pyramid mediation, and pyramid food preservation. These, I feel, are the most feasible and realistic options.

## *Applying Pyramid Headgear In Your Daily Life*

I have been a great supporter of the research that my father Dr. Fred Bell undertook and we have continued to carry the torch after his passing. His company, Pyradyne, was handed over to me and some of our research and findings will be included in this book so that I can attest to how it works and the beneficial results.

Wearing a pyramid-shaped headgear. The study conducted at Pyradyne shows that wearing the pyramid headgear has been demonstrated to increase the quality of life for those who wear it. Such as enhancing memory, reducing headaches, and enhancing focus these are things that a lot of people want, and they'll make you seem better overall. The majority of people do not want to get sucked into a stress-filled, powerless vortex. When there are answers, a lot of people go toward them, and as time goes on, fewer and fewer people want to take prescription pills and medications. The holistic approach has emerged as a popular methodology that produces efficient outcomes.

It is important to highlight that there are various types of headgear pyramids that are provided by Pyradyne for various things:

Spiritual energy (Firedome headgear)—To comprehend spiritual energy, we must first dissect it into its constituent parts: The energy created by the inner “self” is referred to as spiritual energy. It is the part of us that religious folks refer to as the soul. Our actions define our degree of energy, which is activated by our ideals and convictions. Our ideas and values shape who we are, why we live, and what we consider to be good and bad. A thief and a volunteer participating in an altruistic endeavor will have quite



different spiritual energy. Our behaviors are a result of how we view ourselves on the inside. How

we see ourselves in relation to the rest of the world. Please keep in mind that you do not have to be religious in order to emanate spiritual energy. We all need to be in sync with the elements, and the pyramid headpiece can help us achieve and/or sustain that.

Mental stability/awareness (Powerdome Gold headgear)—Mental stability is a sense of control over one's own thoughts and behaviors. However, many people have been unable to retain their mental stability as a result of a variety of traumatic events. COVID-19 had a negative impact on many people's mental health, and it continues to do so for some. The pyramid headgear might assist you in regaining your mental stability.

Decreasing stress (Pyradome Gold or Powerdome Gold headgear)—Many individuals nowadays are overwhelmed by stressful events and situations. Some people have a hard time dealing with unpleasant events and things. Whether it be a difficult relationship, career, school, or a recent unpleasant event with children. Stress raises blood pressure and has been linked to strokes and other health problems. The Pyradome or Powerdome Gold headgear might be useful in controlling and dealing with the problems outlined. Wearing this and rediscovering your true self is something that many people desire and, in fact, require.

Pain relief (Pyradome Gold and the Firedome headgear)—Many individuals live with various aches and pains every day. The number of persons who suffer from migraines and other problems has increased significantly. A more holistic approach is being sought by certain people who are now

continually using painkillers. They wish they didn't have to use any prescriptions. Numerous individuals who attempted the pyramid headgear solution, as previously said, did in fact report that the discomfort was gone or much lessened.

Creativity/artistry (Powerdome Gold headgear)—The creative side of many individuals often needs a little encouragement to come out more. This creative hiatus can occasionally be caused by external forces. Stress, other factors, or even just some kind of barrier might be to blame. Wouldn't it be wonderful to rekindle the spark of your imagination? So test out the pyramid headgear that was created especially for this and see if anything changes. It's likely that there will be.

Detox— (Powerdome Silver headgear)—In terms of our bodies and brains, we could all use a recharge. Not just our bodies, but even our thoughts may undergo detoxification. Our thoughts require a certain level of calmness and clarity, and naturally, our bodies also want a certain amount of release. Detoxification is crucial, and using a pyramid headgear might be the answer for you.

Improve energy—(Powerdome Silver headgear)—Every human being's survival depends on energy in some way. To exercise and do our daily tasks, we require energy. Over time, a number of people have reported feeling extremely exhausted and drained. Why has it been more difficult to do routine activities than usual? Mainly due to the fact that many of us multitask constantly without remembering to recharge. It's crucial to recharge! If alternative approaches are unsuccessful, consider using the pyramid headgear technique.

You can get to the Chrysilladome, the most potent instrument, after wearing one of the headpiece pyramids for a period. It will increase mental clarity, reduce discomfort, cleanse the organs, and maintain electrical energy balance.

## *Applying Pyramid Meditation In Your Daily Life*

Years of meditation practice have helped many people attain extremely high levels of tranquility and reduced their worry and tension. In chapter five, I discussed the advantages of pyramid mediation; now, I would like you to think about incorporating pyramid mediation into your daily life. You would need to acquire a pyramid in order to embark on your pyramid mediation path. You may either travel to one of the citywide pyramid centers or construct a simple three-dimensional geometric building at home. Build it out of natural materials like wood and stone, and ensure it is at least three times as wide and tall as you are. You must do a few tasks after purchasing or building your pyramid in order to get ready to start meditating. These tasks are as follows:

Remove everything technology, save perhaps a player for calming music while you dwell within the pyramid. Devices will disrupt the flow of energy vibrations and defeat the meditation's entire goal. Strip any leather and metal items since they will have the opposite effect due to their absorbing qualities.

Comfortable, lightweight clothes will help you be more open to energy. You may meditate with ease in a spot that is clean and smell-free. To promote optimism and positive feelings.

Once the aforementioned preparations have been made, sit down on a comfortable mat and face either the east, north, or northeast to begin your meditation. Breathe in and out deeply and pay attention to your breath while you do so. Maintain a calm attitude as you do this, and you will undoubtedly experience wonderful energy.

Pyramid meditation has several advantages, which are many. Here are a few examples:

1. Enhances Eyesight—Pyramid meditation has the power to assist you in enhancing and correcting your vision.
2. Enhances Hearing—By utilizing the energy obtained from pyramid meditation, there are a few hearing issues that may be enhanced and sharpened.
3. High Blood Pressure—Hypertension is another name for high blood pressure. If pyramid meditation is done every day, this can be greatly reduced. By using this type of meditation, you may gain relief from all types of stress and live life to the fullest.
4. Treats Sleeplessness—Millions of individuals throughout the globe have insomnia. The legs and brain may both be calmed through pyramid meditation. The sleeping patterns of those who have spent time in the pyramids have significantly improved.
5. Provides Arthritis Ease—Pyramid meditation is the perfect treatment for everyone who has arthritis. If you do this meditation every day, you can even get relief from back problems.
6. Heals Sores And Fractured Bones—One of the pyramid meditation's most unusual and astounding advantages is that it is reported to be helpful in the healing of sores and broken bones. Pyramid meditation is undoubtedly an option for those who have an active lifestyle.
7. Reduces Acne And Pimples—Through pyramid meditation, you may get treatment for all forms of acne and skin issues.

8. Pyramids for Students—Pyramid meditation is highly well-liked among students and instructors, as mentioned with the pyramid headgear with increasing memory, etc. Additionally, it aids in memory improvement and confidence building. Exam preparation is simple and one need not experience additional stress or worry.
9. Provides Energy—Water infused with pyramid energy makes for a greater energy source.
10. Provides Headache Relief—Pyramid meditation is definitely something you should think about trying if you frequently get headaches or migraines. You will recover more quickly if you do this. With the pyramid headgear, this is something that is also possible, as mentioned above.
11. Provides Ease From Irregular Periods—Women who have rested inside the pyramids say that their menstrual cycles have improved.
12. Enhances Cognitive Capabilities—Pyramid meditation enhances mental processes. It improves mental acuity and focus. Additionally, it keeps emotional balance.
13. Hormone Levels are Balanced—Pyramid meditation enhances the thyroid gland's capacity to generate hormones. As a result, it maintains the body's hormonal equilibrium.

Also, if you have preexisting medical conditions and are taking drugs, please discuss these with your doctor before beginning these holistic techniques, and do not discontinue taking medications that you have been prescribed and are taking for a specific time period. Please use these approaches if you like, but continue to take your meds as usual and consult with your doctor about your progress. Stopping

medications abruptly can have negative consequences, which I do not endorse in any way. Also, if you are having an ailment that you have never experienced before and discover that no natural treatment is helping, please visit a physician. Please do not self-diagnose, since this can be detrimental.

## *Applying Pyramid Food Preservation In Your Daily Life*

The pyramid is useful for both food preservation and food growth. The same energy that the pyramid uses to grow plants so astonishingly effectively can also be used to mummify food, which can be dried and stored for an endless amount of time without degrading any of its flavor or nutritional value. Absolutely no harm comes to any food kept in a pyramid. In many cases, it is really much better after being reassembled than it was before. It is devoid of water, but because it also repels microorganisms, nothing in a pyramid will go bad. For example, I cannot create a compost pile within my pyramid; I must do so outdoors because otherwise, the components of the compost would all remain in good condition and not decompose. For more evidence, consider the fact that the grain farmed in Manitoba, Canada, today is an exact descendent of the grain discovered in the Great Pyramid, grain that had been preserved flawlessly for generations.

The food perseveration experiment is displayed on the Pyradyne website. [www.pyradyne.com/pages/preserve-fruits-vegetables-in-a-pyramid](http://www.pyradyne.com/pages/preserve-fruits-vegetables-in-a-pyramid)

In a 2018 test, the Pyradyne Powerdome pyramid preserved avocados for 1.5 weeks in the sweltering California heat! In the humid California summers, avocados typically become ripe after only a few days in the kitchen. Eggs are consumed often; the shelf life in a pyramid-shaped structure is up to seventeen days, compared to seven days at room temperature. Comparing egg storage in a pyramid shape to egg storage at ambient temperature, untreated physically or chemically, ten days are added. Therefore, compared to room temperature, the pyramid-shaped storage technique



lengthened the shelf life of eggs and also helped to avoid spoiling. This eco-friendly method is less expensive, requires no energy, and can preserve eggs more efficiently than at room temperature in both urban and rural settings. Pyramid-shaped packaging is the best kind for food products.

In the research gate publication titled “*Cost-effective bentonite clayed pyramid technologies for household fruits and vegetables storage*,” released in 2013. The research focused on utilizing bentonite clay pyramids to store common fruits and vegetables for up to nine days was undertaken, and it was contrasted with two additional storage methods that were thought of as controls: the refrigerator and ambient temperature. The organoleptic quality of preserved goods like bitter melon, chili, and oranges was examined, along with parameters like physiological weight loss, heterotrophic bacteria count, and organoleptic quality. As compared to the two control preservation settings, the results showed that the pyramid storage method eliminated physiological weight loss, decreased microbial population, and avoided spoiling. As opposed to the refrigerator, the pyramidal system retains a better degree of organoleptic value than room storage. On the contrary, this clayed pyramid storage solution has a major influence on the least amount of degradation and further extends the shelf life of vegetables. The clayed pyramid storage system featured greater storage space for keeping domestic fruits and vegetables in addition to the criteria. It was determined that this low-cost, pollution-free technological system is more suited than room temperature and somewhat less effective than refrigerator storage, respectively, for keeping food samples safe in both rural and urban settings. However, this first stage offers the chance to do more study in this new sector. Please take note that the data for this study specifically came from what I learned

from the publication “Cost-effective bentonite clayed pyramid technologies for household fruits and vegetable storage.”

## Conclusion

With its fascinating secrets that take us back in time and rich histories, ancient civilizations have always had a unique interest for humans. They have all contributed to forming the world as we understand it today. But the ancient Egyptians are arguably the ones that captivate our imagination the most out of all the ancient civilizations that are known to humans. There is more to ancient Egypt than the fascinating tales we have heard about the pharaohs and the dynasties that governed the land of sand and pyramids for millennia. With the text I have provided, I hope to have highlighted many facets of this amazing culture. The innovations and discoveries made by the Egyptians, which altered the course of history and contributed to the rise of the modern world, have left us with a priceless inheritance. You must at least concur with me on that, I am sure of it. Therefore, at this point, aside from the fantastic information you ideally obtained about pyramids and ancient civilizations in general. I would like to use this opportunity to showcase some of the most impressive works of art that the ancient Egyptians left for many of us to enjoy today.

## *Medical Science*

The Ancient Egyptians deserve a lot of respect for their medical acumen; not only did they comprehend many illnesses, but they were also highly adept at treating them. A number of medical books have been found that go into great depth on treatments and recipes. For the treatment of wounds and other illnesses, they employed plants and animal parts. Many people may think they possessed magical abilities, but I want to emphasize the fact that they did not rely on magic or other supernatural forces to keep them healthy and happy. They also conducted surgical procedures, which is even more astounding. Egyptians might be thought of as the forerunners of modern medicine due to the bronze surgical instruments and papyrus records that have been uncovered.

## ***Mathematics***

There is evidence that Egyptians were the first to develop the idea of fundamental fractions. They were also excellent mathematicians, being able to execute computations like adds, subtractions, multiplications, and divisions in an efficient manner. They also had a solid understanding of geometry, which they put to good use in order to take precise measurements and construct their magnificent structures. Just consider the Great Pyramids and the degree of mathematical and geometrical understanding this culture would have needed to construct such enormous monuments.

## *Written Language*

The Egyptian culture was the first to utilize symbols to represent distinct sounds, leading to the development of written language even if the Egyptian alphabet is not currently in use. Initially using hieroglyphs to convey their ideas through writing, the Egyptians eventually created twenty-four alphabets. They went a step further by beginning to write on papyrus, which was made from the same plant that flourished on the banks of the Nile, instead of the customary method of etching these signs into stone. This sparked the creation of related materials by other civilizations, such as parchments, until the Chinese eventually produced paper in 100 BC.

## *Art and Architecture*

It is clear that ancient Egyptians were masters of both architecture and art. Many buildings and works of art have withstood the test of time and continue to astound us with their beauty and complexity. How such a prehistoric civilization was able to build these fascinating structures is still a mystery. Numerous works of art from various dynasties have been unearthed by archaeologists, and they continue to fascinate people today. Searching for Egyptian artifacts for sale to adorn their houses and add a distinctive touch to their area, many even attempt to imitate the design and creativity of the ancient Egyptians. As previously said, the nation receives a large number of tourists on a regular basis because of its culture and landmarks. People who want to work in architecture spend a lot of time researching these structures, and some institutions even teach about them. These buildings will always be a topic of conversation. When art purchased from there is displayed in a building or house, the art from there always has an extraordinary quality to it since it is history, it is culture, it is beauty.

## *Makeup and Wigs*

Both sexes shared a similar interest in cosmetics and improving their physical appearance in ancient Egypt. They believed that beauty was sacrosanct, and all social strata enjoyed the art of makeup. Because of Queen Cleopatra's legendary beauty, which is well known, Egyptians placed a great deal of value on their outer looks. In order to make their complexion seem lighter, women from the higher classes would apply creams and powders, but the most popular cosmetic fad was undoubtedly the use of heavy eye makeup. Both green eye makeup and black kohl were used by the Egyptians to define their eyes. In ancient Egypt, wearing wigs was a popular trend in beauty. The majority of aristocrats would shave their heads and conceal them with wigs made of real human hair, therefore it was a show of nobility. You can tell how much this culture has influenced today's society by just observation. Many individuals wear wigs because they are practical, easy to modify appearance, and provide flexibility for versatility. The cosmetics business is large now and will always be. Many people like using cosmetics, and there are several social media videos with beauty instructions that show how people may change their appearance and express themselves artistically by applying makeup. Additionally, individuals apply cosmetics in general on a daily basis based on how it makes them feel.



## *The Calendar*

One of the first dating systems that mankind is aware of is the Egyptian calendar. The lunar year was founded by the talented astronomers of Egypt, who also developed a calendar based on the phases of the moon. However, they also established a civil calendar that is remarkably similar to the one we use today. The year had 365 days on the Egyptian civil calendar, divided into three seasons that lasted 120 days each. The seasons would consist of four 30-day months, with an additional five epagomenal days added at the conclusion of each year. As a result, the present calendar owes much of its origin to ancient Egypt. Consider briefly how life might be without calendars in the present. Do you really think that a majority of us could survive without calendars today? How we would be able to schedule meetings and arrange events is nearly beyond our capacity to fathom. Keeping track of birthdays would be difficult. It would, in my opinion, be a lot more chaotic.

## ***Reminder of The Benefits of Pyramids***

Pyramids have various benefits and can be helpful to many people in their daily lives. If you choose to experiment with it, the key points to remember are that food placed in a pyramid will remain fresh two to three times longer than food kept out in the open. Natural tastes are strengthened whereas artificial flavorings lose their flavor. Foods lose some of their bitter or acidic flavors. Also, some of the advantages of pyramids for mental wellbeing include three-fold effective meditation—a very simple to achieve state of mind—and total body and mind relaxation. Improved physical endurance from exercise, greater vitality and training time from sports activities, simpler toxin removal, relatively quick healing, higher immunity, better blood circulation, and overall functional efficiency are a few of the advantages of physical health. The pyramid energy has effects on the mind and body, but it also benefits the environment's overall health. As a result, plants cultivated in greenhouses in such environments grow , healthier, and are less likely to be harmed by insects. Food grown in such environments also tastes better and stays fresher for longer. A total halt to the growth of microorganisms results in a 20–100 percent increase in yield and the prevention of deterioration, according to data.

The chemical composition of the handled item will alter as revealed by spectrographic analysis, without degradation or mildew, the pyramid will dehydrate and mummify objects. The development of microbes also slows or stops entirely. People who spend time in a pyramid building or beneath a pyramid structure for work or meditation typically experience favorable emotions right away. Pyramid models attract animals magnetically. Numerous testimonies show that pets of all types thrive beneath or within open

architecture pyramids. It has been seen that cats and dogs react to the pyramids, in a positive manner.

It should be noted that several popular publications have focused heavily on the preservation of organic material in pyramids. A Frenchman by the name of Antoine Bovis noticed that a dead cat in the Great Pyramid did not disintegrate in the 1930s. The animal reportedly strayed into the King's Chamber and died there without being able to escape. Despite the fact that the air in the King's Chamber is usually humid, the cat's body dried out. The concept of "pyramid power," which preserves organic materials, was inspired by Bovis' discovery. Jean Martial, a French radiologist, Karl Drbal, a Czech electronics engineer, Lyall Watson, a scientist, and Patrick Flanagan are all proponents of pyramid power. For desiccating biological debris and sharpening razor blades, small models constructed of paper, wood, or other materials have been tested. Pyramid has successfully preserved organic materials in several experiments.

You will discover that keeping detailed records—in a journal—will be very beneficial whether experimenting with pyramids, producing plants, or tracking prices and labor. This will allow you to look back on your progress and refer to it when facing challenges. The greatest way to learn is from your own experiences. It is beneficial to have a real Journal on hand for compiling your results after your trials are started and you persevere in inputting data in your charts. You will amass a significant amount of priceless information and experience even in a year. Do not forget to record it and lose it.

You may start small, you do not have to immediately start wearing the headgear, there are so many current and future

uses for pyramids, etc. Pyramids can be used as energizers for seed germination before seedlings are planted beneath pyramids made of wire. This, in my opinion, produces really nice outcomes. When the seedlings are prepared for potting, they do well both under and over pyramids. Producing more and better food plants is one of my personal goals, and I want this book's readers to share that goal. Superflowers might very well be your own. I can't stress this enough; even if it seems monotonous, the effects are actually remarkable. When you bring fruits and veggies inside the house, attempt to include the pyramid by stacking them on top of one another. With such care and attention, they will keep better and, as many people can confirm, including me, they taste much more tasty than typical. When employed, water used for indoor plant growth may be positioned beneath a pyramid, with incredibly positive effects for the plant. Numerous scholars have written about this use and asserted that striking outcomes are possible. Some claim that spraying such water on plants aids in the management of mites and other pests. Please keep track of your progress and try not to become disappointed if some things do not happen right away. For this reason, I have focused on the pyramid shape, quality materials, and precise measurements throughout this book.

Please contact someone y on the Pyradyne website ([www.pyradyne.com/](http://www.pyradyne.com/)) when you are ready to move forward with utilizing the headgear to treat conditions like migraines; someone will give you advice. When it comes to migraines and light to moderate headaches, the pyramid headgear is beneficial. Many individuals who use it report success. The outcomes vary; for some, wearing a pyramid-shaped headgear for twenty minutes produced an elevation of pain; for others, it could take less time or longer. The fact that the

discomfort subsides is crucial. Not just with headaches, but with generalized pain in other places including a person's neck, back, arms, legs, etc. when applying the pyramid to the affected places brought about pain alleviation. Some people have described feeling the pain being dragged higher. Some believe the pyramid operates in the same manner as reflexology does, by improving the electrical conductivity of the cells. A senior citizen with severely arthritic hands was convinced to put her hand on an energizer. For one hour, a wire pyramid was placed over the hand and energizer. For a few days, she maintained this procedure, each time noticing a reduction in discomfort and a relaxing of her fingers. She did sit and play the piano.

Some people have reported that when they sit for an hour or two with a little pyramid on their head and face north when they are feeling down and sad, their mood disappears and they feel fairly revitalized. People discovered that drinking pyramid-treated water on a daily basis has other advantages as well. If they had a snifter of Pyramid Water and were feeling down, they would soon notice a noticeable improvement. Numerous researchers have discovered that placing a pyramid or an energizer over or beneath their mattresses results in better, more rejuvenating sleep. Some of these researchers even claim to need significantly less sleep as a result of using a pyramid for this reason. Who doesn't want a good night's sleep? These advantages are highly helpful to regular people. Who wouldn't want to experience serenity and awaken feeling refreshed? Nearly everyone wants this, so what damage can it do to try something new that has worked well for others who have done so?

Flowers in a vase were given supercharged water, and they lasted for around three and a half weeks. They not only

survived for this extraordinarily long period, but they also increased in size by around nine inches. I've never seen flowers regenerate after being clipped before. This is truly amazing! Individuals who put electrified water on a bruise or cut noted that the pain ceased right away after rinsing it with pyramid water, and after recovery, they had seen minimal to no scarring. Many people assert that bug stings quit hurting following the use of energized water. Additionally, it has been noted that the cuts heal considerably more quickly than "normally."

Persistence is the key to success in these pyramid experiments. Like many other experiences, applying a pyramid to a problem does not necessarily "work" the first time. Instead, one must "stick with it" and make little adjustments until the intended outcomes are realized. The knowledge of the history of the inhabitants of Ancient Egypt and other cultures, Dr. Fred Bell, and the wisdom he handed on to me, have also been crucial on this journey for me. This book has been an informal and simple exposition of what I have discovered in experimenting with pyramids. If it motivates you to try something new, I would be thrilled.

Please be reminded that, if you have preexisting medical conditions and are taking drugs, please discuss with your doctor before partaking in these holistic techniques, and do not discontinue taking medications that you have been prescribed and are taking for a specific time period. Please use these approaches if you like, but continue to take your medications as usual and consult with your doctor about your progress. Stopping medications abruptly can have negative consequences, which I do not endorse in any way. Also, if you are having an ailment that you have never experienced before and discover that no natural treatment

is helping, please visit a physician. Please do not self-diagnose, since this can be detrimental as well.

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